

Hair ideas

From TRIAL to AISLE



Let three real brides show you how to take your hair and make-up dreams from Pinterest to party

Hair and make-up artists are big-day beauty wizards, working their magic to make brides look their very best. But how do they translate a loose brief into photo-ready reality?

We asked styling duo Zara and Nadia from Portraits (portraitsbridal.com) to give us the inside story behind the beauty journey of three of their stunning real brides. Read on and be inspired...

The trial check-list

How to prep for your hair and make-up test run

You don't need to know exactly what you want – that's what a trial is for! ■ Send your artist a link to your Pinterest board, so that they can get a feel for the whole day, from the venue to your dress, and discover any celeb hair and beauty crushes.

■ Use the trial as an opportunity to try out different looks. Portraits usually gets through around three to five looks for hair and two to three looks for make-up, although some brides may prefer just one or two options to avoid getting confused.

■ Come to your trial with hair freshly washed on the day. There are so many great products now that can solve any hair problems you might have, from frizz to fine, limp hair.

■ And arrive wearing your usual everyday make-up. This helps your artist get a feel for what level of make-up you're used to wearing.

■ Having trouble deciding what look you like best? Take plenty of photos and ask friends and family for their opinions.



OLD HOLLYWOOD WITH A TWIST



The brief

With the dramatic and romantic setting of Asylum, London, Francesca knew she wanted to go for retro glamour. "The strong lip and eyes were the main focus, with an old Hollywood-inspired look for the hair," she says.

Pro tip

Nadia spritzed Clarins Fix Make-up all over the face. "It helps to make sure your make-up lasts all day – exactly what you need when you're about to get teary and emotional!"

The technique

A vintage-inspired wave from Francesca's Pinterest board was the starting point, but to add a more modern feel to the hairstyle, Zara twisted Francesca's locks to one side. For the make-up, Francesca wanted to ramp up the glam factor, so Nadia intensified the bride's usual feline flick with lots



WEDDING HAIR AND MAKE-UP FOR OLD HOLLYWOOD WITH A TWIST: ZARA AND NADIA FROM PORTRAITS. PHOTOGRAPH: ALISON WILHELM



THE BOHO BRAIDED BUN

The brief

A boho bride at heart, Samme wanted flowers and plaits!

The technique

After prepping Samme's hair with extensions, Zara used a hair wand to create rough movement. The front was sectioned out, French plaited and secured on either side of Samme's head. The same technique was used at the back, with



the remaining loose ends shaped and gripped into a messy low bun. The ends of the plaits at the front were then secured over the top of the bun.

Pro tip

Fresh flowers can work wonderfully in hair and should last the day, especially if you go for the drier varieties such as gypsophila.



THE TEXTURED UPDO

The brief

An effortless, classic look. "I wanted to look like myself – not caked in make-up," Robyn says.

The technique

A small tong was used to create spiral curls, which were then broken up and lightly backcombed. A subtle plait detail at the back of the bun added to the relaxed style. Shades of brown created a romantic softness around the eyes, while

